



The Misha May Foundation  
*mutts in safe homes always*  
PO Box 151166 Lakewood, CO 80215-1166  
303-239-0382  
[www.mishamayfoundation.org](http://www.mishamayfoundation.org)  
[mishamayfoundation@gmail.com](mailto:mishamayfoundation@gmail.com)

a 501(c)(3) non-profit dog (and cat) rescue

Learn about, with, and for, the animals.  
Understanding Dogs: Help! My dog jumps up!

These videos were taken during a 2 hour behavior class specifically focused on the topic of dogs jumping up, at Winston's Doggy Playhouse in Parker [www.winsplayhouse.com](http://www.winsplayhouse.com). The complete set of videos can be viewed at Misha May's youtube channel [http://www.youtube.com/my\\_videos?feature=mhum](http://www.youtube.com/my_videos?feature=mhum). The link to the class handout is here: [http://mishamayfoundation.org/help\\_handout.pdf](http://mishamayfoundation.org/help_handout.pdf).

Lorraine worked with 8 different dogs in 90 minutes. In the allotted 10 minutes for each dog, Lorraine was able to assess their motivation for jumping up and use that to help them calm down, pay attention and refrain from jumping. Dogs jumped up because they were motivated to get attention and affection, guidance and reassurance, or play time and food.

Each dog parent received tips on how to continue practicing this work for optimal behavior. It was beneficial to see their dog's behavior modified right before their eyes in a calm manner, with the intention to teach each dog new replacement behaviors, or to reinforce the dog's own excellent choices.

Two hour single-focus Behavior Classes, which include working with your dog individually, can be scheduled at your venue for a minimum of 8 dogs, and a maximum of 10 dogs. Link to a detailed flyer is here: [http://mishamayfoundation.org/help\\_handout.pdf](http://mishamayfoundation.org/help_handout.pdf) Contact Lorraine at [mishamayfoundation@gmail.com](mailto:mishamayfoundation@gmail.com) or 303-239-0382.

<http://www.youtube.com/watch?v=3-AIHUBt8Gk>

Misha May behavior class at Winston's Doggie Playhouse - #3 Hope, Black Lab

Holly is very excited and jumps on people and counters randomly, especially her 'grandma'. Lorraine asks Vera to leave the room to communicate to Holly the message that jumping on Vera will make her go, not get her attention.

[http://www.youtube.com/watch?v=cq\\_r3CC-Z34](http://www.youtube.com/watch?v=cq_r3CC-Z34)

Misha May behavior class at Winston's Doggie Playhouse - #4 Hope

Hope is now walking calmly with Lorraine, offering sits and waiting patiently for treats. Even when Lorraine invites Hope to walk toward her, Hope stays calm and offers a sit instead of jumping.

[http://www.youtube.com/watch?v=Onf6aR\\_5yU](http://www.youtube.com/watch?v=Onf6aR_5yU)

Misha May behavior class at Winston's Doggie Playhouse - #11 Lizzy, Australian Shepherd

Lizzy enters the room very excitedly and jumps on her mom multiple times, as well as others. We watch for an opportunity to reward her with a pet when she has four feet on the floor.

<http://www.youtube.com/watch?v=hVdlhw-kJxU>

Misha May behavior class at Winston's Doggie Playhouse - #12 Lizzy

Jody is practicing approaching Lizzy to reward her for staying calm and not jumping. When Lizzy jumps, Jody leaves withdrawing the attention Lizzy wants.

[http://www.youtube.com/watch?v=UpayFP\\_2rz0](http://www.youtube.com/watch?v=UpayFP_2rz0)

Misha May behavior class at Winston's Doggie Playhouse - #13 Beau, Bichon Frise

Meet Beau, 9 months old, as he explores.

[http://www.youtube.com/watch?v=izmzN9\\_DLcI](http://www.youtube.com/watch?v=izmzN9_DLcI)

Misha May behavior class at Winston's Doggie Playhouse - #14 Beau & Luc

Beau and Luc are 9 month old littermates. Preston & Sherry were looking for a way to get both of their attention for training. They were looking for ways to help them calm down and greet people politely at their door.

Both brothers responded to 'kissy noises' and came running for treats. The calmer brother received treats first. Very quickly the other brother calmed down and didn't jump again. He understood very quickly how to receive treats